

Natural & Organic

When it comes to going green, we all know to reduce, reuse, recycle and eliminate unnecessary waste. It can be challenging to apply this same mentality to your massage practice. Here, we have some product suggestions to help you go green in your practice.



Pure Touch Organics Massage Crème

This product provides rich thickness and hypo-allergenic qualities in an unscented crème. It can be used for all modalities, from high-glide circulatory to slow, deep tissue. It is organic, paraben-free and is gently pH balanced.

\$7.15 for 2 ounces
BIOTONE

Massage Practice Management with Online Scheduling

Bodywork Buddy is a paperless online-based massage software specifically tailored to the solo massage therapist. This online scheduling and business management software is accessible from your computer, tablet, or smartphone. It will streamline your practice and make tax time a breeze.

\$35 per month subscription
Bodywork Buddy



Arcadia 100 Percent Organic Cotton Flannel Massage Table Sheet Set

This organic cotton flannel sheet set was created to be soft, beautiful and high-quality. It's designed to be a comfortable, attractive flannel sheet set with the added benefit of causing less allergies and irritation than regular cotton.

\$32.95
Massage Naturals



S.C.R.U.B.S. Unisex 2-Pocket V-Neck Top

The two-pocket unisex V-neck scrub top offers a sleek fit. It's pre-washed and pre-shrunk for soft, comfy scrubs right out of the package. It is unisex sizing and has side vents for range of motion.

\$25.95
SmartScrubs



Calendula Baby Oil

Use this product to add a silky softness to your loving, gentle touch. It is moisturizing and naturally effective. This calendula-infused grape seed baby oil blend moisturizes dry skin with virtually no scent and without artificial fragrance or nut oils.

\$12.99 for 4 ounces
Earth Mama Organics



Sore Muscle Soak

Soothing Touch Bath Salts are now available in 32 ounce resealable pouches and 8 ounce single-use pouches. Made with evaporated Sea salt, Dead Sea salt, Epsom Salt, mineral salts, and pure essential oils. Available in Sore Muscle Soak, Balancing Soak, Tuscan Bouquet, Lavender, Cedar Sage, Peppermint Rosemary, Eucalyptus Spruce, and Epsom Salt.

\$5.99 for 32 ounces; \$1.99 for 8 ounces
Soothing Touch

Yoga Mat Sani Spray Cleanser

This environmentally friendly sanitizing mat cleaner extends the longevity of your yoga mat and creates a balanced and uplifting yoga experience. It naturally cleans bacteria from your mat.

\$24.95 for 32 ounces
Cuccio



Bon Vital' Muscle Therapy Massage Gel

Enriched with jojoba and dwarf pine oil, this lightweight gel absorbs like a lotion and creates a lasting glide to leave skin silky smooth. It's perfect for sports massage, deep tissue, neuromuscular and trigger point modalities.

\$14.39 for 8 ounces
Bon Vital'

Pesticide-Free HobaCare Jojoba

This product is first-press quality, is made of unrefined golden jojoba and is pesticide-free. It has been processed in accordance with organic standards.

\$10.29 for 4 ounces
Jojoba Company

